## THIS PROGRAM IS FUNDED IN PART BY:





## City of Jacinto City January 2024 Menu



Please reserve your meal two days in advance by calling us at 713-554-9046 or before you leave the senior center. We need to know if you are coming to eat.

		coming to cat.		
Monday	Tuesday	Wednesday	Thursday	Friday
1/1/2024	1/2/2024	1/3/2024	1/4/2024	1/5/2024
	Smothered Beef Meatballs	Lemon Pepper Pollock	Sausage w/Onions/Peppers+	Macaroni and Cheese
	Rice	Lentils	Parslied Penne Pasta	Brussels Sprouts
	Herbed Green Beans	Glazed Carrots	Broccoli	Diced Beets
Closed for Holiday	Wheat Bread	Wheat Bread	Wheat Bread	Texas Bread
	Oatmeal Cream Cookie	Fresh Banana	Graham Crackers	Fig Bar
	Milk	Milk	Milk	Milk
1/8/2024	1/9/2024	1/10/2024	1/11/2024	1/12/2024
Breaded Pork Patty+	Marinara Chicken	Beef Taco	Turkey Noodle Casserole*	Bean Chili
Country Gravy	Penne Pasta	Pinto Beans	Country Tomatoes	Parslied Rice
Whipped Potatoes	Green Beans with Onions	Sliced Carrots	Cabbage	Spinach
Mixed Vegetable Blend	Texas Bread	Flour Tortilla	Wheat Bread	Cornbread
Wheat Bread	Animal Crackers	Fudge Cream Cookie	Craisins	Fresh Fruit
Fresh Fruit	Milk	Milk	Milk	Milk
Milk		Taco Sauce		Margarine
1/15/2024	1/16/2024	1/17/2024	1/18/2024	1/19/2024
Closed for Holiday	BBQ Pork Rib Patty+	Cajun Chicken	Alfredo Beef Meatballs	Spaghetti Torte
	Garlic Whipped Potatoes	Chili Beans	Penne Pasta	Broccoli
	Brussels Sprouts	Okra and Tomatoes	Green Beans	Diced Beets
	Wheat Bread	Texas Bread	Wheat Bread	Texas Bread
	Nutty Buddy Bar	Oatmeal Cream Cookie	Birthday Cake	Fresh Fruit
	Milk	Milk	Milk	Milk
1/22/2024	1/23/2024	1/24/2024	1/25/2024	1/26/2024
Baked Chicken with Gravy	Beef and Bean Burrito	Diced Sweet and Sour Chicken	Glazed Ham+	Fish Nuggets
Whipped Potatoes	Queso Sauce	Jasmine Rice	Lima Beans	Macaroni and Cheese
Summer Vegetable Blend	Mexican Rice	Japanese Vegetable Blend	Country Vegetable Blend	Cauliflower
Texas Bread	Glazed Carrots	Texas Bread	Cornbread	Wheat Bread
Fudge Cream Cookie	Fresh Banana	Sugar Cookie	Fresh Fruit	Graham Crackers
Milk	Milk	Milk	Milk	Milk
			Margarine	Tartar Sauce
1/29/2024	1/30/2024	1/31/2024		
Meatloaf	Chicken Piccata	Hamburger Patty	* - Turkey	TDIO
Brown Gravy	Rice	Shredded Lettuce/Pickles	+ - Pork	IKIU
Delmonico Potatoes	Broccoli	Ranch Beans		Community Meals
Stewed Tomatoes	Texas Bread	Hamburger Bun		Nourishment through compassionate care.
Wheat Bread	Fresh Fruit	Hot Spiced Pineapple		
Fresh Fruit	Milk	Milk		
Milk		Mustard and Ketchup		