

City of Jacinto City  
 Heritage Hall Senior Center  
 1025 Oates Road  
 Jacinto City, TX 77029  
**713-554-9046**



Elizabeth Flores, Director  
 Maria Espinoza and  
 Naomi Navarro  
 Program Assistants

Visit our website: [www.jacintocity-tx.gov/heritage-hall-senior-center](http://www.jacintocity-tx.gov/heritage-hall-senior-center)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please remember to reserve your meal two days in advance by calling us at 713-554-9046. <u>Please Note: trips may be subject to change due to inclement weather conditions and/or bus operations.</u> Thank you, Elizabeth Flores, Director			1 Chair Exercise 9AM  <b>Bean Bag Baseball 10AM</b>	2 Chair Exercise 9AM  <b>Bingo by Devoted Health 10AM</b>	3 Chair Exercise 9AM  Mexican Bingo 1PM	4
5	6 Chair Exercise 9AM  <b>Joseph House Food Pantry 9AM – 2PM</b>  <b>Trip to Walmart 10AM</b>	7 Chair Exercise 9AM  <b>Trip to Ross and 99¢ Store 10AM</b>	8 Chair Exercise 9AM  <b>Joseph House Food Pantry 9AM – 2PM</b>  Diabetes Class Cooking Demo/ Food Label 11AM	9 Chair Exercise 9AM  <b>Parkinson's Disease Presentation and Bingo by Houston Area Parkinson's Society 10AM</b>	10 Chair Exercise 9AM  <b>Joseph House Food Pantry 9AM – 2PM</b>  JC Health Fair by East Harris Empowerment Council 1-4PM  Mexican Bingo 1PM	11
12 Daylight Savings Starts move clocks forward 1 hour	13 Chair Exercise 9AM  <b>Free Haircuts by Blanca Reyes 8AM</b>  <b>Target Hunger Senior Food Box 10AM</b>	14 Chair Exercise 9AM  <b>Trip to Goodwill in The Heights 10AM</b>	15 Chair Exercise 9AM  <b>Bean Bag Baseball 10AM</b>	16 Chair Exercise 9AM  <b>Nutritional Bingo by 10AM</b>	17 Chair Exercise 9AM  <b>Celebrate St. Patrick's Day &amp; Spring Hat Contest 10AM</b>   Mexican Bingo 1PM	18
19	20 Chair Exercise 9AM  <b>White Elephant Bingo 10AM</b>	21 Chair Exercise 9AM  <b>Canvas Painting 1PM</b>	22 Chair Exercise 9AM	23 Chair Exercise 9AM  <b>Bingo by Wellcare 10AM</b>	24 Chair Exercise 9AM  Mexican Bingo 1PM	25
26	27 Chair Exercise 9AM  <b>Sign up for FREE Tablets 8AM to Noon</b>	28 Chair Exercise 9AM  <b>New Calendars Meeting 10AM</b>	29 Chair Exercise 9AM  <b>Presentation &amp; Bingo by United Health 10AM</b>	30 Chair Exercise 9AM  <b>Nutritional Bingo by 10AM</b>	31 Chair Exercise 9AM  <b>Celebrate Birthdays at noon</b>  Mexican Bingo 1PM	