



City of Jacinto City
Heritage Hall Senior Center
MAY 2023 Congregate Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5/1/2023	5/2/2023	5/3/2023	5/4/2023	5/5/2023
Turkey Rice Casserole* Broccoli Country Tomatoes Wheat Bread Fudge Cream Cookie Milk	Salisbury Beef Brown Gravy Whipped Potatoes Mixed Vegetables Wheat Bread Sugar Cookie Milk	Southwest Chicken Pinto Beans Brussels Sprouts Texas Bread Fresh Fruit Milk	Polish Sausage+ Lentils Sliced Carrots Wheat Bread Strawberry Gelatin Milk	Steakhouse Beef Meatballs Confetti Rice Green Beans Wheat Bread Fresh Banana Milk
5/8/2023	5/9/2023	5/10/2023	5/11/2023	5/12/2023
Confetti Chicken Rice Italian Vegetables Wheat Bread Oatmeal Cream Cookie Milk	Swiss Steak Whipped Potatoes Herbed Green Beans Wheat Bread Animal Crackers Milk	King Ranch Chicken Broccoli Glazed Carrots Wheat Bread Nutty Buddy Bar Milk	Glazed Ham+ Lima Beans Diced Beets Cornbread Fresh Fruit Milk Margarine	Mother's Day Lemon Pepper Chicken Parslied Rice Garden Vegetables Dinner Roll Lemon Blueberry Crisps Milk
5/15/2023	5/16/2023	5/17/2023	5/18/2023	5/19/2023
Sloppy Joe Oven Roasted Potatoes Mixed Vegetables Hamburger Bun Fudge Cream Cookie Milk	Chicken Taco Spanish Rice Pinto Beans Flour Tortilla Fresh Fruit Milk Taco Sauce	Creole Beef Mixed Beans Broccoli Wheat Bread Animal Crackers Milk	Polish Sausage+ Delmonico Potatoes Green Beans and Carrots Wheat Bread Birthday Cake Milk	Spinach Macaroni & Cheese Green Peas Cauliflower Dinner Roll Fresh Fruit Milk
5/22/2023	5/23/2023	5/24/2023	5/25/2023	5/26/2023
Parmesan Chicken Green Peas Broccoli and Cauliflower Texas Bread Nutty Buddy Bar Milk	Ham and Black-Eyed Peas+ Okra and Tomatoes Glazed Beets Texas Bread Fresh Banana Milk Margarine	Beef Chili with Beans Parslied Rice Spinach Cornbread Fresh Fruit Milk	Onion Chicken Garlic Whipped Potatoes Catalina Vegetables Wheat Bread Oatmeal Cream Cookie Milk	Hamburger Patty Ranch Beans Sliced Carrots Hamburger Bun Vanilla Oreo Pudding Milk Mustard and Ketchup
5/29/2023	5/30/2023	5/31/2023	+- Pork * - Turkey	
CENTER CLOSED FOR HOLIDAY	Chicken Piccata Penne Pasta Ginger Carrots Texas Bread Chocolate Pudding Milk	Beef Taco Pinto Beans Creole Tomatoes Flour Tortilla Fudge Cream Cookie Milk Taco Sauce	<i>If possible, a donation would be appreciated. Place your donation in the donation wooden box. Your donation will go back into the senior meal program. Non-donations will not affect your meal program. If you have any comments or concerns about the food and/or meal service, please speak with the center director.</i>	