

City of Jacinto City
 Heritage Hall Senior Center
 1025 Oates Road
 Jacinto City, TX 77029
713-554-9046



Elizabeth Flores, Director
 Maria Espinoza,
 Program Assistant

Visit our website: www.jacintocity-tx.gov/heritage-hall-senior-center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Chair Exercise 9AM Bean Bag Baseball 10AM	2 Chair Exercise 9AM Diabetes Class 11AM Bridge 1PM	3 Chair Exercise 9AM Nutritional Items Bingo 10AM	4 Chair Exercise 9AM Funeral Services Presentation 10AM Mexican Bingo 1PM	5
6 Daylight saving time – fall back 1 hour	7 Chair Exercise 9AM Sign-up for a Free Tablet 9AM	8 Chair Exercise 9AM Trip to JC Dollar General 10AM	9 Chair Exercise 9AM Diabetes Class 11AM Bridge 1PM	10 Chair Exercise 9AM Bingo by Cascades of Jacinto 10AM	11 NO EXERCISE Thanksgiving Luncheon 11AM NO Mexican Bingo	12 JC Market Days 5PM
13	14 Chair Exercise 9AM Free Haircuts by Blaca Reyes for Seniors 9AM Target Hunger Senior Food Box 9AM Medicare	15 Chair Exercise 9AM Health Education Class 10AM	16 Chair Exercise 9AM Diabetes Class 11AM Bridge 1PM	17 Chair Exercise 9AM Nutritional Items Bingo 10AM	18 Chair Exercise 9AM Trip to JC Goodwill 10AM Mexican Bingo 1PM	19
20	21 Chair Exercise 9AM Senior Box at Kashmere MSC 8AM Cigna Medicare Presentation 10AM	22 Chair Exercise 9AM White Elephant Bingo 10AM	23 Chair Exercise 9AM NO Diabetes Class Bridge 1PM	24 Center Closed	25 Center Closed	26
27	28 Chair Exercise 9AM New Month Activity Calendar Meeting 10AM	29 Chair Exercise 9AM Bean Bag Baseball 10AM Celebrate Birthdays Noon	30 Chair Exercise 9AM Diabetes Class 11AM	Please reserve your meal two days in advance by calling us at 713-554-9046 Thank you, Elizabeth Flores, Director		