

City of Jacinto City
Heritage Hall Senior Center
1025 Oates Road
Jacinto City, TX 77029

August 2026

Elizabeth Flores, Director
Program Assistants:
Maria Espinoza and
Naomi Navarro

713-554-9046

Visit Our Website: www.jacintocity-tx.gov/heritage-hall-senior-center

Please remember to reserve your meal 2 days in advance.

Monday	Tuesday	Wednesday	Thursday	Friday
3 9AM Chair Exercise 10AM Bean Bag Baseball Game	4 9AM Chair Exercise 10AM Health Trainer by Rosa Fajarda	5 9AM Chair Exercise 10AM Bingo at Chick-Fil-A	6 9AM Chair Exercise 10AM Trip to Walmart	7 ✓ 9AM Chair Exercise 9AM Ship Channel Boat Tour
10 9AM Joseph House Pantry Food 9AM Chair Exercise 10AM Chair Volleyball	11 <u>NO EXERCISE</u> 9AM Target Hunger Senior Box Distribution	12 9AM Joseph House Pantry Food 9AM Chair Exercise 10AM Personal Hygiene Bingo	13 9AM Chair Exercise 10AM Diabetes Class Get More Active by Elizabeth Contreras	14 9AM Joseph House Pantry Food 9AM Chair Exercise 10AM Trip to Burlington
17 9AM Chair Exercise 10AM Bean Bag Baseball Game	18 9AM Chair Exercise 9AM Trip to Ross Pasadena, TX	19 9AM Chair Exercise 10AM White Elephant Bingo	20 9AM Chair Exercise 10AM Diabetes Class Energy In, Energy Out by Elizabeth Contreras	21 ✓ 9AM Chair Exercise 10AM Trip to Azteca Farmers Market
24 <u>NO EXERCISE</u> 9AM Joseph House Pantry Food 9AM Free Hair Cuts by Blanca Reyes	25 9AM Chair Exercise 10AM Health Trainer by Rosa Fajarda	26 9AM Joseph House Pantry Food 9AM Chair Exercise 10AM Chair Volleyball	27 9AM Chair Exercise 10AM Diabetes Class Energy In, Energy Out (part 2) by Elizabeth Contreras	28 9AM Joseph House Pantry Food 9AM Chair Exercise 10AM Crafting with JC Library – Nyla Vela
31 9AM Chair Exercise 10AM Monthly Meeting & Birthdays	THIS PROGRAM IS FUNDED IN PART BY:  			

NOTE: IF GOOD WEATHER PERMITS AND THE BUS IS OPERATING
Saturday, August 29th at 9AM – Ship Channel Boat Tour and Lunch.
It is necessary to be an active member to participate on the bus trips.