

City of Jacinto City
 Heritage Hall Senior Center
 1025 Oates Road
 Jacinto City, TX 77029

November 2024

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 Program Assistants:
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713-554-9046

Visit our website: www.jacintocity-tx.gov/heritage-hall-senior-center

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|---|--|---|---|--|---|-----|
| <i>Remember to reserve your meal 2 days in advance.</i> | | | | | 1 Chair Exercise 9AM Household Items Bingo 10AM Mexican Bingo 1PM Dia de los Muertos Discovery Green 4PM | 2 |
| 3 Daylight Savings back 1 hour | 4 Chair Exercise 9AM Trip to Walmart 10AM | 5 Chair Exercise 9AM Community 911 Response Training 10AM | 6 Chair Exercise 9AM Medicare Presentation by Humana 10AM | 7 Chair Exercise 9AM CenterWell Presentation 10AM | 8 Chair Exercise 9AM Central Life Planning 10AM Mexican Bingo 1PM | 9 |
| 10 | 11 NO EXERCISE Senior Event by Pct 2 Jerry Garcia 11AM | 12 Chair Exercise 9AM Target Hunger Mobile Food Truck 10AM Community 911 Response Training 10AM | 13 Chair Exercise 9AM Health Talk Express by TX A&M 10AM | 14 Chair Exercise 9AM Senior Expo in Humble TX 9AM -2PM | 15 Chair Exercise 9AM Personal Hygiene Items Bingo 10AM Mexican Bingo 1PM | 16 |
| 17 | 18 Chair Exercise 9AM Free Men's Hair Cuts by Barber Jorge Pesina 9AM Nutritional Bingo 10AM | 19 Chair Exercise 9AM Community 911 Response Training 10AM | 20 Chair Exercise 9AM Health Talk Express by TX A&M 10AM Trip to Su Vida Clinic Grand Opening 1PM | 21 Chair Exercise 9AM Alzheimer's Presentation 10AM | 22 Chair Exercise 9AM Celebrate Birthdays at noon Mexican Bingo 1PM | 23 |
| 24 | 25 Chair Exercise 9AM Free Haircuts by Blanca Reyes 8AM White Elephant Bingo 10AM | 26 Chair Exercise 9AM Community 911 Response Training 10AM | 27 Chair Exercise 9AM Monthly Meeting 10AM | 28 Thanksgiving Holiday Center Closed  | 29 | 30 |