

CITY OF JACINTO CITY

MEALS ON WHEELS

SEPTEMBER 2025 MENU

You must be home to receive your home delivered meal. That is the rule. Thank you,
Elizabeth Flores, Director
713-554-9046

Monday 9/1/2025	Tuesday 9/2/2025	Wednesday 9/3/2025	Thursday 9/4/2025	Friday 9/5/2025
Closed for Holiday	Beef Taco Charro Beans Mexican Rice Corn Tortillas (2) Fresh Fruit Milk Taco Sauce	Pork Sausage/Onions/Peppers+ Black-Eyed Peas* Sliced Carrots Hot Dog Bun Fudge Cream Cookie Milk	Salisbury Beef Brown Gravy Garlic Whipped Potatoes Peas and Corn Wheat Bread Fresh Fruit Milk	Tarragon Chicken Penne with Red Peppers Glazed Beets Dinner Roll Orange Gelatin Milk
9/8/2025	9/9/2025	9/10/2025	9/11/2025	9/12/2025
Cajun Meatloaf Dirty Rice Broccoli Texas Bread Fresh Fruit Milk	Spinach Chicken Rotini Pasta Garden Vegetables Dinner Roll Oatmeal Cream Cookie Milk	Swiss Steak Delmonico Potatoes Green Beans Wheat Bread Fresh Fruit Milk	Glazed Pork Ham+ Lima Beans Okra and Tomatoes Cornbread Chocolate Chip Cookie Milk Margarine	Diced Coconut Chicken Rice Ginger Carrots Wheat Bread Lemon Gelatin Milk
9/15/2025	9/16/2025	9/17/2025	9/18/2025	9/19/2025
Chicken Spaghetti Green Peas Glazed Carrots Dinner Roll Graham Crackers Milk	Polish Pork Sausage+ Braised Lentils Cabbage Hot Dog Bun Fresh Fruit Milk	Creole Steak Chili Beans Green Beans Wheat Bread Fresh Fruit Milk	BBQ Chicken Whipped Potatoes Catalina Vegetables Texas Bread Birthday Cake Milk	Swedish Beef Meatballs Parslied Penne Pasta Broccoli Wheat Bread Fresh Fruit Milk
9/22/2025	9/23/2025	9/24/2025	9/25/2025	9/26/2025
Chicken Piccata Twice Whipped Potatoes Mixed Vegetables Wheat Bread Fresh Fruit Milk	Pork Ham and Lima Beans+ Macaroni and Cheese Herbed Green Beans Wheat Bread Chocolate Graham Crackers Milk	Hamburger Patty Shredded Lettuce/Pickles Baked Beans Hamburger Bun Hot Spiced Pineapple Milk Mustad and Ketchup	Turkey Breast with Gravy* Lentils Diced Beets Dinner Roll Fudge Cream Cookie Milk	Beef Chili with Beans Rice Spinach Cornbread Fresh Fruit Milk Margarine
9/29/2025	9/30/2025			
Turkey and White Beans* Country Tomatoes Cabbage Texas Bread Fresh Fruit Milk	Meatloaf Brown Gravy Garlic Whipped Potatoes Green Beans Wheat Bread Oatmeal Cream Cookie Milk			

* - Turkey
+ - Pork

**THIS PROGRAM IS
FUNDED IN PART BY:**

